Migraine Headache
Main Algorithm

1
Patient presents with complaint of a headache   A

2
Diagnosis Algorithm (page 2)
- Establish diagnosis (Annotation Appendix B)
- Assess functional impairment
- Rule out causes for concern
- Initiate patient education, lifestyle management   A

3
Acute Treatment Algorithm (page 3)
- Categorize headache severity and functional impairment
- Choose treatment based on considerations of:
  - time to maximum pain
  - side effects
  - contraindications
  - cost
  - supporting evidence
- Consider special treatment (including DHE) for status migraine
- Use of non-pharmacologic treatment, as appropriate

4
Hormone Related Migraine (pages 5-7)
- Menstrual associated migraine?
- Perimenopausal / Menopausal?
- OCP?
- Pregnancy / Lactation?

→ yes

5
See appropriate algorithms or Annotation Appendix C, FDA risk factors for drug treatment in pregnant women

no

6
Prophylactic Treatment Algorithm (page 8)
- Choose line of treatment:
  - medication
  - alternative
- Reinforce patient education, lifestyle modifications
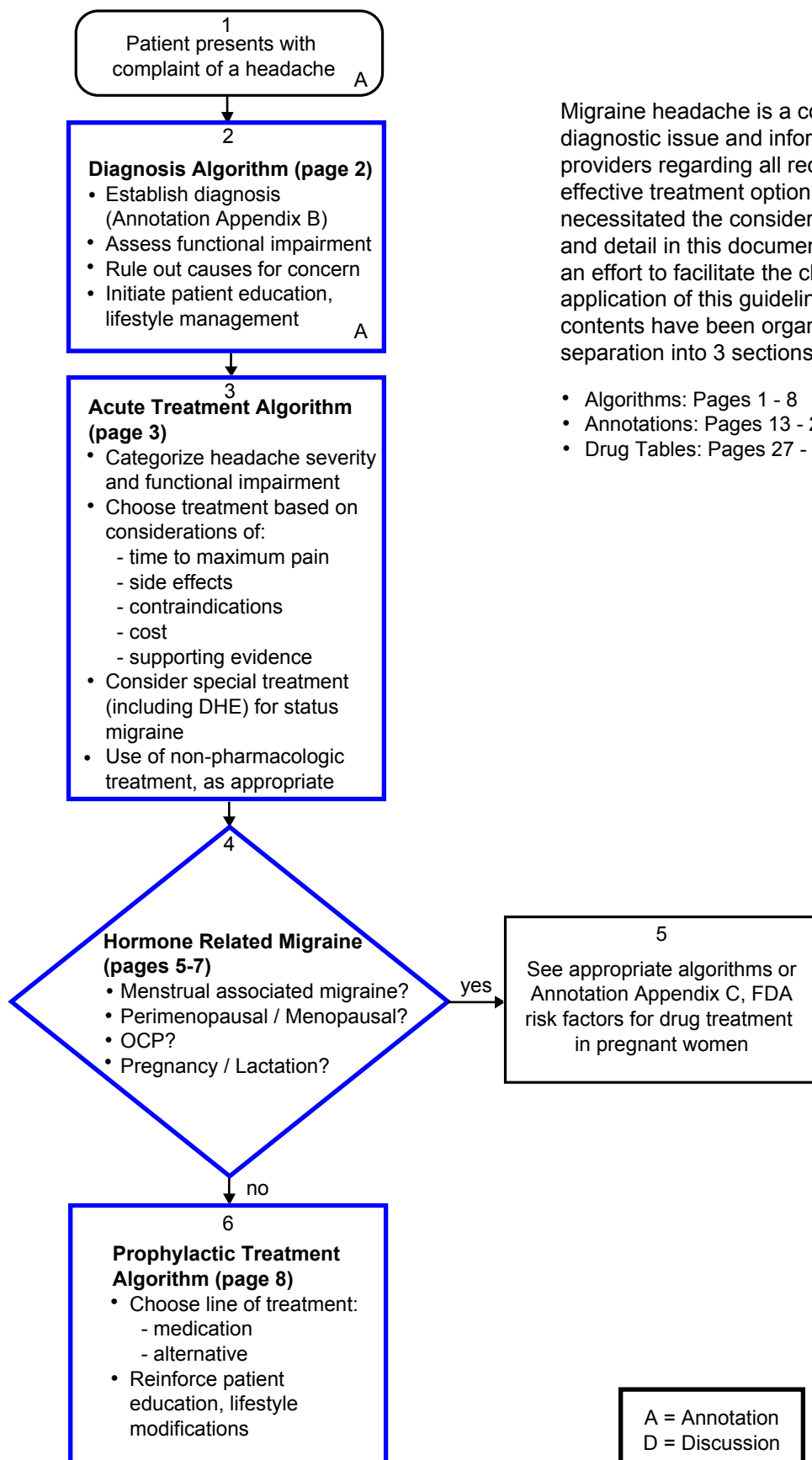
Migraine headache is a complex diagnostic issue and informing providers regarding all recognized effective treatment options has necessitated the considerable length and detail in this document. In an effort to facilitate the clinical application of this guideline, its contents have been organized to allow separation into 3 sections, if desired:

- Algorithms: Pages 1 - 8
- Annotations: Pages 13 - 26
- Drug Tables: Pages 27 - 36

A = Annotation
D = Discussion